

REGULATIONS

1. PARTICIPATION

Any male or female person, civilian or soldier from Luxembourg or a foreign country may participate. **Children under 10 years old have to be accompanied. Walkers participate at their own risk!** The event features four categories:

CAT I	2 x 40 km	= 80 km	10 €
CAT II	2 x 20 km	= 40 km	10 €
CAT III	1 x 20 km	= 20 km	10 €
CAT IV	1 x 12 km	= 12 km	1 €

In the categories I, II and III, one may participate individually or as member of a group. Category IV is for individual participation only.

2. REGISTRATION FOR CATEGORIES I, II AND III

By the **15th of May of the current year** the organising committee must have received the entry forms from individual participants or group leaders. **On the day of the event, last minute entries will be accepted at the start.**

3. COSTS

Before the **15th of May of the current year** entry fees must have been paid into the following account.

Bank:	BGL
BIC-code:	BGLLLULL
Account number:	IBAN LU 10 0030 8301 4250 0000
Account owner:	S.M.A. DIEKIRCH

**The receipt has to be shown to the organiser at the starting point!
Entry fees are non-refundable!**

4. REGISTRATION FOR CATEGORY IV – 12 km

To participate in this category, entry and payment of the applicable fee takes place **only at the starting office on the day of the event.**

5. START OFFICE

Control cards and entry forms are obtainable at the start office near the cultural complex “Al Seeërei” (rue de l’Industrie DIEKIRCH) as shown below. The control card is to be validated at the start.

Friday	14:00 – 20:00 hrs
Saturday	06:45 – 13:00 hrs
Sunday	06:45 – 13:00 hrs

6. STARTING TIMES

Saturday and Sunday:

Cat I	Cat II – III – IV
07:00 – 09:00 hrs	07:00 – 13:00 hrs

7. ARRIVAL

Saturday and Sunday: before 17:00 hours.
The office issuing medals closes at 17:15 hours.
Control cards are to be validated upon arrival.

8. CONTROLS

There are both fixed and rowing control posts. The routes are marked by coloured panels.

9. FIRST AID AND REFRESHMENTS

First Aid is available along the route and the arrival point. Hot and cold drinks are issued free of charge.

10. INFORMATION

Section de Marche de l'Armée
Caserne Grand-Duc JEAN
B.P. 199
L-9202 DIEKIRCH

Tel: **352 26 809 - 421
Tel: **352 26 809 - 599
Fax: **352 26 803 418
e-mail: sma@cm.etat.lu
web: www.marche.lu

Information on hotels:

Syndicat d'Initiative et du Tourisme Diekirch
3, place de la Libération
L-9255 DIEKIRCH

Tel: **352 80 30 23
Fax: **352 80 27 86
e-mail: tourisme@diekirch.lu
web: www.tourisme.diekirch.lu